

Is Technology Our Servant or Master?

Culturally Engaged without being
Culturally Absorbed

1. [Group]

**“Nothing less
than the
whole Bible
can make a
whole Christian.”**
-A.W. TOZER

2.

SURPRISE! WHAT DID NOT MAKE THE LIST

- Family **ate meals together** at least once a week
- Parent **acted differently** at church and at home
- Parents had responsibilities **serving in the community**
- Parents **discussed** either everything or seldom brining up uncomfortable topics
- Parents regularly **talked about spiritual things**
- Parents **reviewed Sunday School lessons**
- Parents **didn't hide their mistakes**
- Parents emphasized **doing the right thing**
- Parents didn't encourage child/teen to **be careful what other see them do**
- Parents encouraged the child's **personal relationship with God**
- Parents emphasized **God's grace and forgiveness**
- Family went on **vacations**, fun outings, 1-on-1 outings
- Parents **included friends** in family vacations
- Parents **did not screen media** or **allow media**
- Parents **increased child responsibility** with age
- Parents **did not miss special events**
- Parents **prayed for child's relationship** with God
- Parents **prayed for God** to help child in situations they faced
- Church **size** or **consistency** at one church
- Church that family attended emphasized **the gospel**, good **behavior**, **what the Bible says**, fun environment, ministry **growth**, church-child relationship building

3.

15 Influencers of Spiritual Health

LARGEST IMPACT

- + Child Regularly read their Bible while growing up

MODERATE IMPACT

- + Child regularly spent time in prayer while growing up
- + Child regularly served in church while growing up
- + Child listened primarily to Christian music
- + Child participated in church missions trips/projects

SMALLEST IMPACT

- Child did not want to go to church as a teen
- + Child's best friend was an influence to follow Christ while growing up
- + Child is a female
- + Child connected with several adults at church who invested in them
- Child was rebellious growing up
- + Parents typically asked forgiveness when they messed up
- + Parents pointed out biblical principles in everyday life
- Child regularly listened to secular/popular music
- + Child had siblings
- Family dropped in frequency of family church service attendance growing up

4.

Family Discipleship Strategies (Media Strategy)

Proverbs 22:6

“Train up a child in the way he should go,
Even when he is old he will not depart
from it.”

5.

Emotional Safety

- ❖ Emotional safety
- ❖ Posture

Psalm 103:8-11

The Lord is compassionate and gracious, slow to anger and abounding in faithful love. He will not always accuse us or be angry forever. He has not dealt with us as our sins deserve or repaid us according to our iniquities. For as high as the heavens are above the earth, so great is his faithful love toward those who fear him.

- ❖ Champion Your Child's Strengths and Interests
(Philippians 4)

6.

Proverbs 7:2-3

keep my commandments and live;
keep my teaching as the apple of your eye;
bind them on your fingers;
write them on the tablet of your heart.

Who or what is getting more
influence on writing on the tablet
of your child's heart?

7.

Lie #1 You are the Master

- ❖ Addiction Test
- ❖ Fasting
- ❖ Generation X
- ❖ Monitor Monitor Monitor

8.

Lie #2

You Need Me to Get Ahead

- ❖ No app can help them love God and love others
- ❖ Are Smartphones Destroying A Generation?
- ❖ Chief technology Executives at Ebay, Yahoo, Apple and HP
- ❖ Steve Jobs and Bill Gates
- ❖ Boredom and Creativity

9.

Lie #3

You'll Be More Productive

- ❖ Multitasking actually makes you less productive
- ❖ Practice sequential Tasking
- ❖ Secondhand Screen time
- ❖ Command Free Time

10.

Lie #4

You Work So Hard, I'll Help You Relax

- ❖ Social Media and Continuous Partial Attention
- ❖ True Rest

11.

Lie #5

I Have A Bible App

- ❖ 1 Kings 19:11-12

And he said, "Go out and stand on the mount before the LORD." And behold, the LORD passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the LORD, but the LORD was not in the wind. And after the wind an earthquake, but the LORD was not in the earthquake. And after the earthquake a fire, but the LORD was not in the fire. And after the fire the sound of a low whisper.

- ❖ Practice Solitude

12.

Action Steps

❖ Marital/Family E-nup – Electronic Nuptial

JOSHUA STRAUB
Family Name Marital E-Nup

We agree to not be on social media sites more than ____ minutes per day each.

We agree to go to bed together each night with our phones docked away from the bed.

We agree to only use our phones as phones (no internet or social media) after work hours, unless it's an agreed upon activity beneficial to the relationship.

No phones for any use past ____ pm.

We agree to a 24-hour no technology period from ____ pm ____ night to ____ am ____ night. This includes no phone, television, tablet, or video games.

We agree to have no electronic devices in sight during meal times at home or out together or with other couples at restaurants.

We agree to live in the moment by not having technology present when playing family board games or other activities in or outside the home.

We agree to have access to one another's social media passwords and accounts.

We agree to share any awkward emails, messages, or texts from anybody of the opposite sex or messages that could threaten the trust of our marriage.

We agree to not text or browse our phones while driving.

We agree to only state facts in any electronic communications. If the conversation or my response will be emotional, I will either call my spouse, or wait until I see him/her face to face.

We agree to model for our children healthy social media and technology use.

Signed: _____

Husband Date Wife Date

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13.

Action Steps

❖ Family Media Agreement

1. Contact your Internet Service Provider to set up parental controls.
2. Keep screens out of the bedroom.
3. Make your kids earn the Wi-Fi password
4. Have a family 24-hour fast
5. Play with them.



14.

3 More Truths

- ❖ Golden Rule
- ❖ 40% of the time *OR* 2 out of 5 times
- ❖ You're Going to Miss Out!
But What are you going to miss out on?

15.

Leadership

- ❖ Leadership defined: Anytime you seek to influence the thinking, behavior, or development of others, you are taking on the role of a leader.
- ❖ Who do you need to share this with?

16.

Resources

- ❖ Joshuastraub.com
- ❖ <http://www.joshuastraub.com/marriage-e-nup/>
- ❖ *Safe House* – Joshua Straub
- ❖ *The Screen-Balanced Family: Digital Videos + Workbook*
- ❖ *Nothing Less* – Jana Magruder
- ❖ 226parenting.com